



# DESPOINA BONOU

ACTRESS | SINGER | HORSEBACK ARCHER

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## MEDIA LINKS

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-  [https://www.instagram.com/despina\\_bonou/](https://www.instagram.com/despina_bonou/)
-  <https://www.imdb.com/name/nm14945106/>
-  <https://www.e-talenta.eu/members/profile/despoina-bonou>

## PROFILE/MEASUREMENTS

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- Nationality: Greek & American
- Height: 1,58cm
- Build: Slim/ Athletic
- Eyes: dark brown
- Hair: black/long natural curls
- Playing Age: 17-35
- Shirt Size: XS/S or 34
- Trouser/Skirt Size: 34-36
- Dress Size: XS/S or 34
- Shoe Size: 37
- Boot Size: 37
- Cup Size: 75B

## FILMS

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- **Cassandra**  
Alexander Manolides Production Greece 2023
  - Helena/ Supporting Role
  - Medium Length Film
- **Horseback Archery: From War to Sport**  
Vincent McLean Production Greece/ Coming soon
  - Documentary Film

## SHORT FILMS

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- **Wars of Faith**  
Alexander Manolides Production Coming soon
- **Refraction**  
By Koralia Maritinou Greece/2021
- **Home**  
By Michael Trochanis Greece/2021
- **Orizuru 折鶴**  
By Michael Trochanis Greece/2021
- **Fish Out of Water**  
By Elena Markopoulou Greece/2020
- **Pxo1**  
By Despoina Bonou Greece/2019

## SKILLS

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- Traditional Horse Riding
- Traditional Archery Practice
- Modern Archery practice
- Mounted Archery
- Swimming
- Cabaret Dancing
- Physical Theatre
- Piano Player
- Singing styles: Musical, Pop, Rock, Traditional Greek, Acapella
- Music Sheet Reader
- Soprano
- Car Driving License
- Greek & American Passport

## LANGUAGES

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- English (Fluent)
- Greek (Fluent)
- Japanese (Intermediate, N5 certificate)
- Italian (Basics)

## The Mysterious Lab of Dr. Alchemy

By Despoina Bonou

Greece/2018

## Oh My Sweetness!

By Despoina Bonou

Greece/2018

## The Adventures of Memo the Mime

By Despoina Bonou

Greece/2018

## Talk to Him

By Alejandro Caicedo Yusti

NYC/2015

## Transparent Knowledge

By Christos Godas & Eugenides Foundation

Greece/2014

## VOICE ACTING

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### TOWA Shut up and Eat

By Committente Olivier Paul Morandini  
Voice in Greek

Rome/2024

### TAG

By Mikaela Kakaridi Deligianni  
Award winning in Annecy Festival 2018

Greece/2018

## TV / ONLINE PLATFORM

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### Wednesday

Netflix  
Background extra

Romania/2022

### Orkos

ANT1 TV & Arcadia Media Productions  
Background extra

## THEATRE

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Greece/2022

### Cabaret Showcase

Sia Koskina & PMTP School

Greece/ Summer 2023

- Mamma Mia Tribute
- Burlesque
- Nine (Saragina)



- The Bride of the Four Seasons** Greece/ 2019  
By Zen Nihon Konrei Biyoka Kyokai & Athens City Concert Hall
  - Ensemble Dancer
- Blood Orange** Greece/ 2019  
By Michael Trochanis
  - Persephone / Lead
- In Limbo** Greece/ 2019  
By Themelis Glynatsis
  - Eliza Day / Ensemble
- 9 Echoes** Greece/ Summer 2019  
By Eryfili Drakopoulou
  - Ensemble dancer
  - Ensemble singer
- The Waiting Table** Greece/ 2019  
By Trinidad Avalos Gayan
  - Elektra / Lead
- Seven to the Seventh** Greece/ Summer 2019  
By Ana Sanchez Colberg-Theatre En Corps/ Stavros Niarxos Foundation Cultural Center
  - Ensemble dancer
- Before I Wake** Greece/ 2019  
By Alkistis Pitsaki
  - Anonymous Lead
- IX:VI** Greece/ 2019  
By Iony Moschovakou
  - The Creature / Lead
- Unlocking our Inner Selves** Greece/ 2018  
By Konstantinos Michail
  - Teresina / Lead
- The Responsibility of the Poli** Greece/ Summer 2018  
By Grifon Dance Company & Athens and Epidaurus Festival
  - Ensemble Member



<b>4.48 Psychosis</b> By Emma Avedissian	Greece/ 2018
• Sarah Kane / Lead	
<b>The Effect of Eros</b> By Konstantinos Michail	Greece/ Summer 2018
• Faedra / Supporting	
<b>Pin-ion(s)</b> By Iony Moschovakou	Greece/ 2018
• Fritha & The Snowgoose / Lead	
<b>Mother Courage and her Children</b> By Andreas Zakas & Estia Neas Smyrnis Theatre	Greece/ 2018
• Katerina/ Supporting	
<b>Under Milkwood: A Play for Voices</b> By Ana Sanchez Colberg	Greece/ 2017
• Various Roles	
<b>Who is the Stranger Now</b> By Barbara Doukas	Greece/ 2017
• Ensemble member	
<b>8 Femmes</b> By Andreas Zakas & Estia Neas Smyrnis Theatre	Greece/ 2016-2017
• Lousia, the Maid	
<b>Mamma Mia (Highschool performance)</b> Created by me	Greece/ 2016
• Rosie	
<b>The House of Bernarda Alba</b> By Andreas Zakas & Estia Neas Smyrnis Theatre	Greece/ 2016
• Adela	
<b>Prometheus Bound</b> George Foteinos	Greece/ 2015
• Oceanida/ Chorus Member	

## CREATOR

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### **"Margaritarenia": A Lullaby from Smyrni**

Live music performance about the history of the 1920s Greeks of Asia Minor created for the ColabArt Event

- Creator & Main singer

Italy/ 2024

### **Call for the Amazons**

A live narrative performance regarding the lives of the Amazons

- Creator, writer, narrator & dancer

Italy/ 2024

### **Horseback Archery Photoshoot**

For photographer: Ilias Apostolopoulos

- Concept creator & Model

Greece/ 2022

### **Michail Maroulos Tarchaniotis**

An Equestrian Theatre Performance

- Director & performer

Greece/ 2021

### **Orpheus & Erydice**

A Physical theatre site-specific performance

Thoricos Ancient/Open Air Theatre

- Creator & Director

Greece/ 2020

## MODELING

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### **Pharmacy Make-up Model**

For MUA A Eleni Agallou at Maria Markakis' Pharmacy Events

Greece/ 2023

### **Catwalk Model**

For "Μορφώ [Morpho]" a collection by designer Myrtia Roumpati

Switzerland/2022

### **Horseback Archery Photography Model**

For photographer: Ilias Apostolopoulos

Greece/ 2022

### **Violence against women campaign**

### **Photography Model**

For Myrtia Roumpati's campaign

Greece/ 2018

## EDUCATION

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<b>International Master in Arts &amp; Culture Management</b> Rome Business School	Italy/ 2023-Present
<b>Musical Theatre Performance &amp; Voice Acting</b> PMTP by Sia Koskina	Greece/ 2022-2023
<b>Archery for Actors Workshop</b> Lars Andersen & the Makings of the Actor	Greece/ 2022
<b>Bachelor Degree in Theatre Arts</b> Deree, the American College of Greece <ul style="list-style-type: none"><li>• BA Thesis on Equestrian Theatre</li><li>• Minor in Communication (emphasis on TV &amp; Film studies)</li><li>• Graduate of the International Honors Program (Honors Thesis on the theatrical interpretation of ancient Greek myths)</li><li>• Graduated with Summa Cum Laude &amp; First Honors Class</li></ul>	Greece/ 2016-2021
<b>Greek Mythology</b> University of Oxford	Online Degree/ Summer 2021
<b>Japanese N5</b> Siountris School of Language	Greece/ 2016-2018
<b>Advanced Acting for Film</b> New York Film Academy	NYC/ 2015