

Manos Cížek

Height: 5' 10"

Weight: 156 lbs

Hair: Brown

Eyes: Brown

FILM

Don't Read This on a Plane
Dengler: Fremde Wasser
Myelin
A Good Dream
1968
Jamaica
The Penal Colony
The Winter
Poker Face

Darius
Greek Police Officer
Marios
Bar Patron
Constable
Journalist
Guard
Giannis
Chip runner

McBrat TV/ Dir. Stuart James McBratney
ZDF & Bavarian Fiction/ Dir. Rick Ostermann
Ownstuff Productions/ Dir. Michalis Tigkiris
Doe-eyed Pictures/ Dir. Mahum Jamal
Feelgood Entertainment/ Dir. Tasos Boulmetis
Greek Film Center/ Dir. Andreas Morfonios
Sugar High Films/ Dir. Manos Cizek, Lindsey Aliksanyan
Melancholy Star/ Dir. Konstantinos Koutsoliotas
N-orasis/ Dir. Christos Dimas

THEATRE

Plutus
Antigone
The Birds
Seafaring
Kaston
The Bull of Heaven
Cut Project: DE-FENCES
The House of Fear
Dreamshop
Nowhere
Our Country's Good

Carion/ Penia
Aemon/ Messenger
Meton/ Poet/ Chorus
Seafarer
Him
Soldier
Multiple roles
Scare Captain
Allen Ginsberg
Varney
Aborigene/ Caesar/ Tench

Aegean Theatrical Exodus, Athens/ Dir. Electra Parikou
Hofstra University, New York/ Dir. Lefteris Giovanidis
Aegean Theatrical Exodus, Athens/ Dir. Nikos Parikos
American Theatre of Actors, New York/ Dir. Jeff Dailey
Manhattan Repertory Theatre, New York/ Dir. Ruby Rees
Workshop Theatre, New York/ Dir. Jeff Dailey
Entropia Theater, Athens/ Dir. Marilli Mastrantoni
Allou Fun Park, Athens/ Dir. Jason Carl
Art Gallery Cafe/ Athens/ Dir. Alexander Raptotasio
The Nuffield Theatre, Lancaster/ Dir. Peter Slaney
The Dukes Theatre, Lancaster/ Dir. Hannah Colin

TRAINING

Eleni Skoti, Summer Seminar of Automatic Improvisation, Studio NAMA, Epi Kolono Theater, Athens
Lydia Georgana, Audition tapes workshop/ research documentary for acting in film, Bijoux de kant, Athens
Sophia Spyratou, Ancient Drama, Daily seminar/ research documentary on the play "Thesmophoriazusae" by Aristophanes, Athens
Constantine Markoulakis, Ancient Drama, Daily seminar/ documentary on the play "Oedipus Rex" by Sophocles, Athens
Andreas Manolikakis, Masterclass on the Method and the Stanislavski System, Actors Studio Drama School, New York
Steven Cosson, Masterclass on Staging Non-Traditional Text, Mark Morris Dance Group, New York
John Pallotta, The Art of the Audition, The Producers Club, New York
Paul Caister, Acting workshop, The Poor School, London
Jason Carl, Scareactor Talent Training, Atmosfear, Athens
Stephanie Street, Masterclass on the Stanislavski System, The Nuffield Theatre, Lancaster
BSc Hons in Theoretical Physics, The University of Lancaster, Lancaster

SKILLS

Languages: English (fluent), Greek (mother tongue)
Music & dance: Guitar, Singing, Contact, Butoh
Sports: Cycling, Swimming, Running, Swordplay, Boxing
Other skills: Photography, Directing, Editing, Screenwriting